

The background features a soft gradient from light purple at the top to light blue at the bottom. Scattered throughout are several realistic water droplets of various sizes, some with highlights and shadows. A faint, glowing sun is visible in the upper center.

OUR LIFE'S WORK

Diocesan Lent Course

- Videos are available on the Chichester Diocese website – search for Chichester Lent Course 2019
- This follows very well from our recent series on “Salt and Light”

QUESTIONS

- Does being a Christian change the way you approach your day?
- What demands do you face in life? Have they changed over time and how can they be balanced?
- How do you find space within your week to consider the big questions of life and engage with God? When is your Sabbath?



God of mercy,

**by whose grace alone we are accepted
and equipped for your service:**

**stir up in us the gifts of your Holy Spirit
and make us worthy of our calling;**

**that we may bring forth the fruit of the
Spirit in love and joy and peace;**

through Jesus Christ our Lord. Amen.





How do you find space within your week to engage with God?

When and where is your Sabbath?

