

Courage in the face of fear

NEHEMIAH 4:1-8





Paul Brand



THE GIFT

WHY WE HURT & WHAT WE CAN DO ABOUT IT

OF PAIN

PHILIP YANCEY
DR. PAUL BRAND

Previously titled *The Gift Nobody Wants*



The
Life
and
Work of
Dr. Paul
Brand

TEN FINGERS FOR GOD

DOROTHY CLARKE WILSON

Foreword by
PHILIP YANCEY

The Gift of Fear?

- Courageous – recognising risk and making good decisions
- Fearless – being impervious to risk and living recklessly

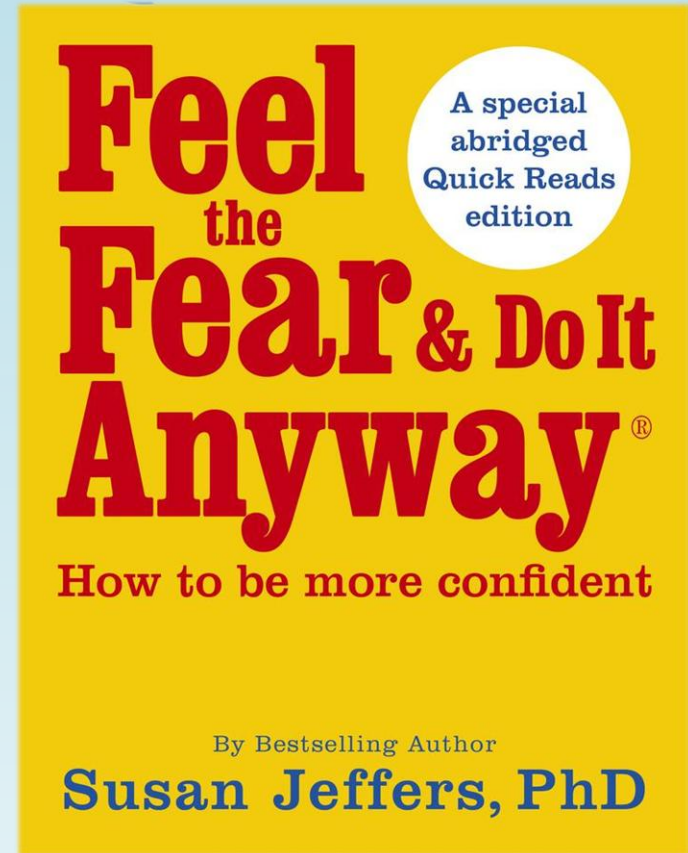
Fear in the Bible

- Fear – 286 hits
- Afraid – 205 hits
- Fear not – 69, have no fear – 6, Do not be afraid - 77

“Be strong and courageous... do not be afraid, don't be discouraged, for the Lord your God will be with you wherever you go.” (Josh 1:9)

Susan Jeffers – Levels of Fear

- Level 1 – outside factors such as loss, illness, loneliness
- Level 2 – internal self-esteem, rejection, humiliation, failure
- Level 3 – *“I can’t handle it!”*



Nehemiah's response

- Prayer – a cry to God
- Refusing to give up
- Action – watchmen and weapons
- Morale



Daphne

Nehemiah's response

- Prayer – a cry to God
- Refusing to give up
- Action – watchmen and weapons
- Morale

Gamaliel

“For if their purpose or activity is of human origin, it will fail. But if it is from God, you will not be able to stop these men; you will only find yourself fighting against God”

Acts 5:34

Prayer and Pragmatism

Who is God? Powerful, tender and wise.

Together you can handle it.

Feel the fear, but do it anyway!