


The background of the entire image is a light gray gradient. Scattered across this background are numerous water droplets of various sizes and shapes. Some are large and prominent, while others are small and subtle. The droplets have a realistic appearance with highlights and shadows, giving them a three-dimensional feel. They are distributed across the top, bottom, and sides of the frame, framing the central text.

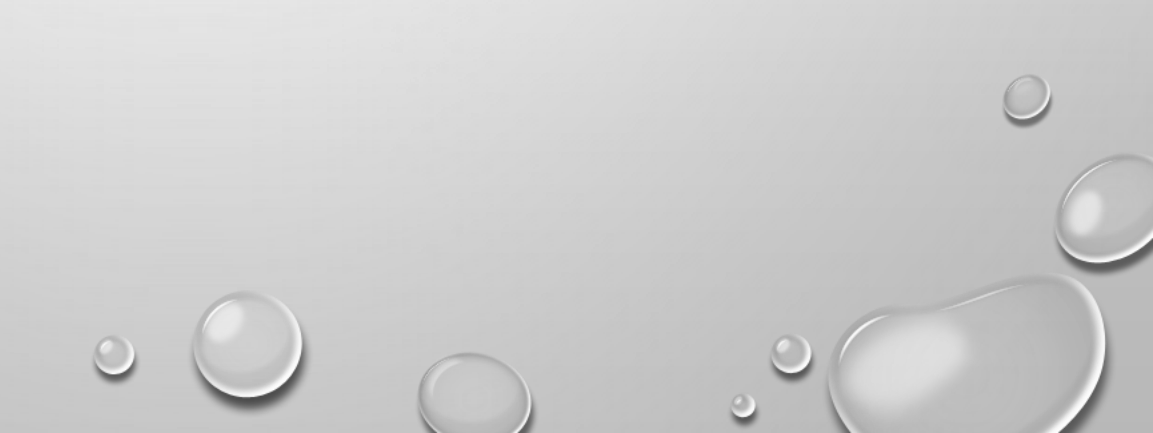
SALT & LIGHT

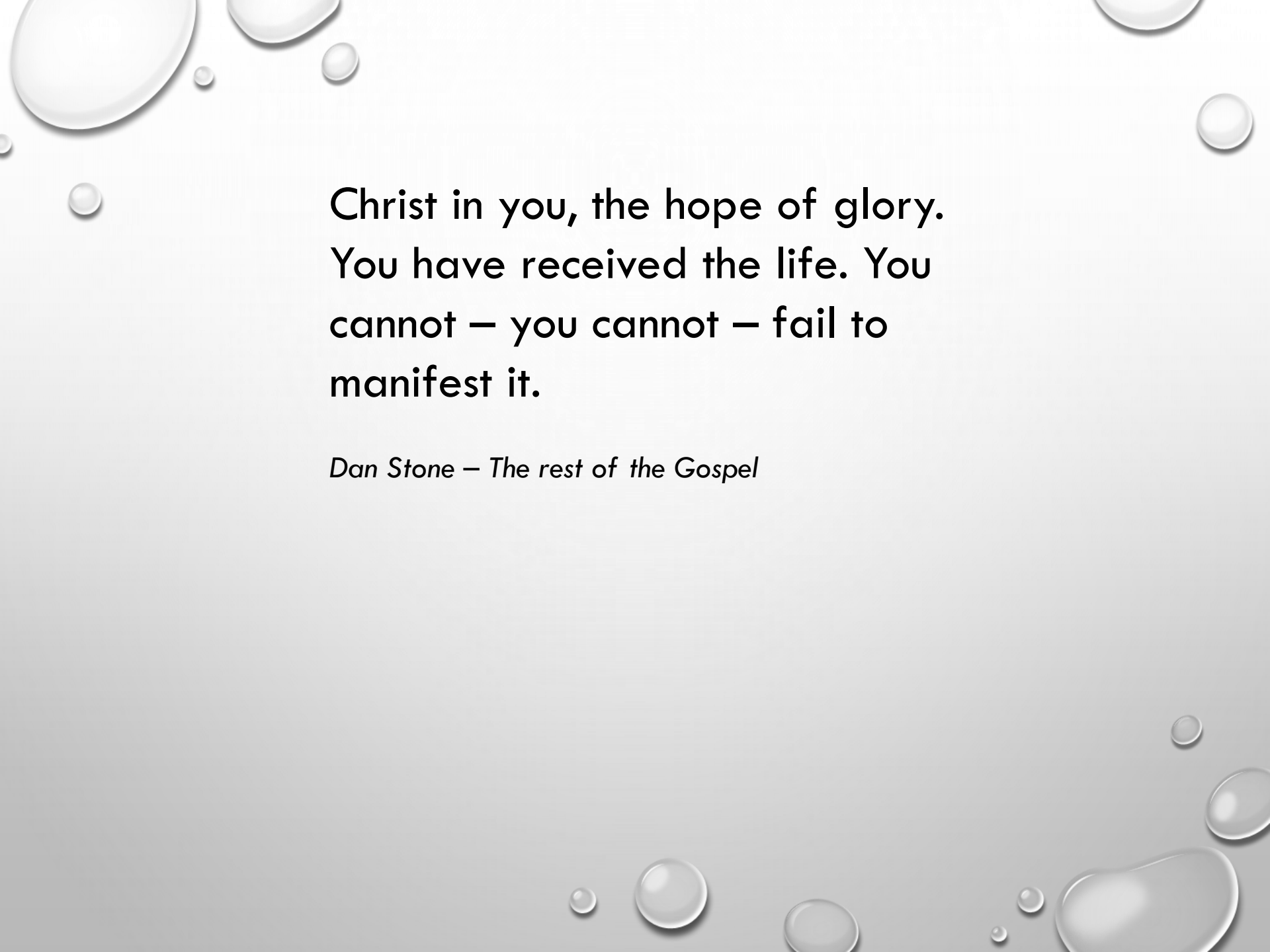
TO OUR NEIGHBOURS



You are the salt of the earth, but what good is salt if it has lost its flavour?

You are the light of the world – like a city on a mountain, glowing in the night for all to see. Don't hide your light under a basket. Instead put it on a stand and let it shine for all.





Christ in you, the hope of glory.
You have received the life. You
cannot – you cannot – fail to
manifest it.

Dan Stone – The rest of the Gospel



How to love your neighbour:

Kindness and generosity, that's all
you need.

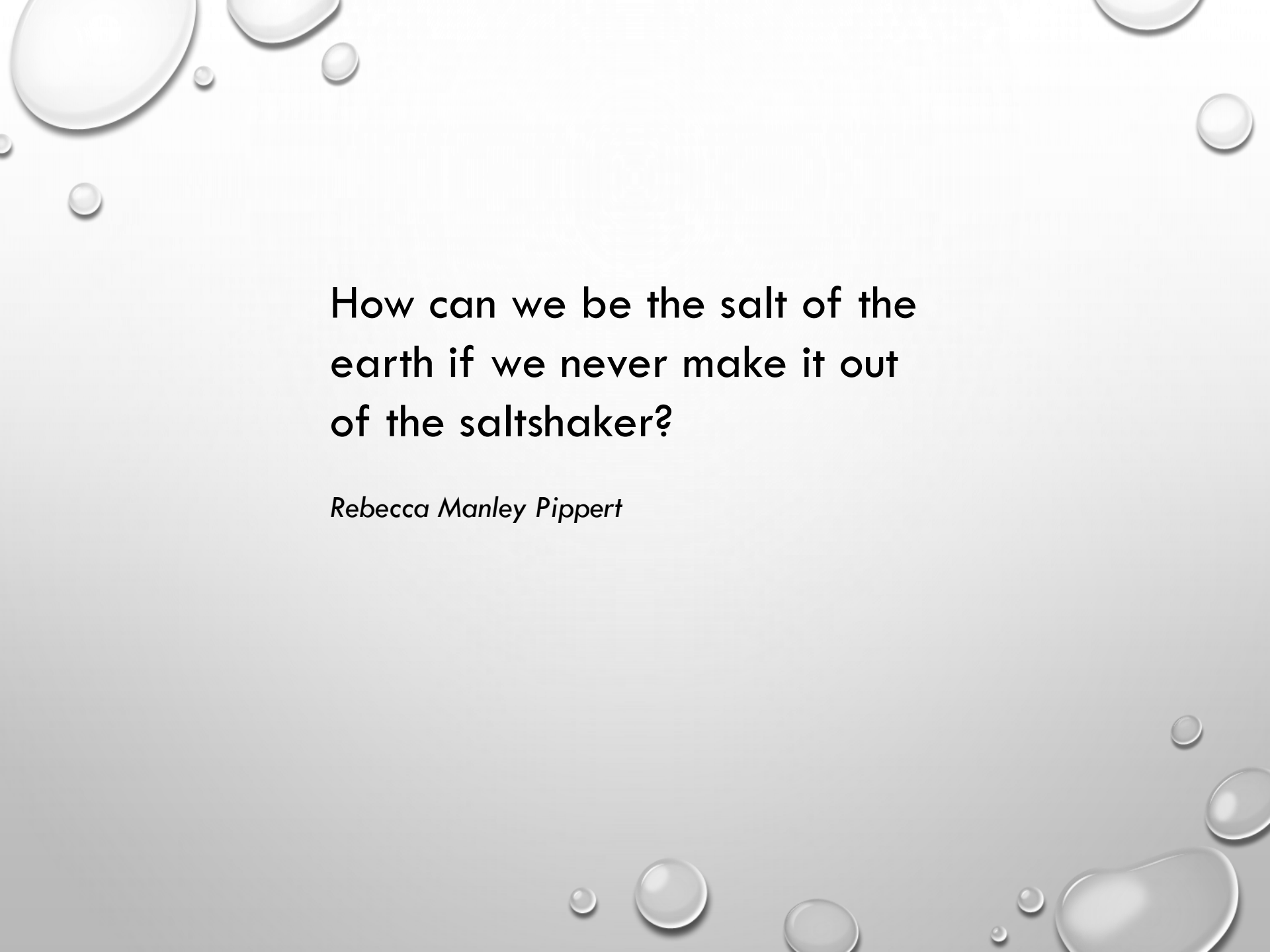




Problem no 1: losing your saltiness

Problem no 2: hiding your light





How can we be the salt of the
earth if we never make it out
of the saltshaker?

Rebecca Manley Pippert



Keeping the balance:

Out in the world v The Inner Life





Take, Lord, unto Thyself,
My sense of self, and let it vanish utterly.
Take, Lord, my life:
Live Thou Thy life through me.
I live no longer, Lord,
But in me now
Thou livest.
Aye, 'twixt us, my God,
There is no longer room for 'me' or 'mine'.

Tukaram, Indian peasant mystic 1608-49